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**Tropical Dining Options Range from Fine to Casual  
At Tranquility Bay's Butterfly Café, Tiki Bar and Grille**

MARATHON, Florida Keys (Aug. 15, 2006) – Bringing his “tropical world cuisine” to the heart of the Florida Keys, Tranquility Bay Beach House Resort’s Executive Chef James Henahan has created both a fine dining menu for the resort’s Butterfly Café and a more casual menu offered at the beachside Tiki Bar and Grille.

“In addition to the resort guests, I want to attract Marathon residents to both dining options at Tranquility Bay, whether they are looking for an exciting fine dining experience or a laid-back visit to the Tiki Bar and Grille,” Henahan said.

Known in culinary circles around the world, Henahan has 25 years experience working in California, the Northeast and Europe, and has appeared on the Food Network. The majority of his career has been spent at restaurants in off-the-beaten-path communities, including Ballymaloe House in Ireland’s County Cork, and 12 years as head chef at the Simon Pearce Restaurant in Quechee, Vermont.

For the menu at Butterfly Café, Henahan has created a style he calls “tropical world cuisine” that infuses flavors from coastal areas around the world, while using local ingredients to adapt classic dishes. For example, Butterfly Café signature dinner entrees include local Grouper Encrusted with Horseradish and served with a tropical fruit coulis; Shrimp Ceviche made with homegrown Key limes and Key shrimp; and Coconut and Almond Crusted Yellowtail Snapper served with a pineapple tartar sauce. Butterfly Café patrons will also enjoy the restaurant’s ambiance, where the décor is inspired by the tropics, or the outside veranda, which overlooks the pool and Gulf of Mexico.

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On Sundays, Tranquility Bay provides a wonderful way to start the week: Butterfly Café's signature Sunday brunch from 10:30 a.m. to 2:30 p.m. featuring omelets, French toast, frittatas, and tropical wraps. Guests can enjoy brunch favorites that bear Henahan's unique flair: omelets with grilled tomatoes, cheddar cheese and smoked ham; a wild mushroom, leek and sun-dried tomato chevre tart; spicy calamari or a sesame chicken wrap. In addition to the brunch menu, guests can order fresh tropical fruit, pastries, breads and sweets from the Al Fresco Brunch Buffet.

If a relaxed beachside venue for casual dining is desired, Tranquility Bay's Tiki Bar and Grille fits the bill. Henahan also oversees the Tiki Bar menu, which emphasizes salads, sandwiches, light entrees and pizzas. Selections include Conch Salad, Blackened Dolphin Sandwich, Chargrilled Angus Burger, and Margarita Pizza. The Tiki Bar also offers flavorful daily specials such as fish tacos on "Baja Night Thursdays" and Japanese cuisine on "Sushi Night Fridays," as well as delightful tropical drinks, mimosas and martinis. Tranquility Bay's Tiki Bar is the perfect location for a relaxing, island dining experience, complete with breathtaking sunset views of the Gulf.

Butterfly Café already is receiving accolades as one of the Florida Keys' finest dining establishments. Henahan and his tropical world cuisine were recently featured in *Nation's Restaurant News* and local dining critics have heaped praise on Butterfly Café.

"Our menus and wine lists change seasonally to guarantee the finest ingredients are used," said Henahan. "Our goal is to provide patrons with an unparalleled tropical fine dining experience, and the response we've received indicates we're achieving that goal."

Tranquility Bay is nestled on a 12-acre private enclave with lushly landscaped grounds and an abundance of towering coconut palms. The resort features 87 two and three-bedroom luxury beach houses, an expansive 2.5-acre sandy private beach, one of the Florida Keys' largest lagoon swimming pools, waterfront event space and a state-of-the-art fitness center.

Tranquility Bay Beach House Resort is managed by Cay Clubs Resorts and Marinas. For more information about Tranquility Bay Beach House Resort, visit the Web site at [www.tranquilitybay.com](http://www.tranquilitybay.com) or call toll-free (866) MID KEYS (643-5397). Tranquility Bay Beach House Resort is located at Mile Marker 48.5 Bayside, 2600 Overseas Highway, Marathon Key, Florida.

### **About Cay Clubs Resorts and Marinas**

Cay Clubs Resorts and Marinas offers investment and vacation opportunities at resort properties and related businesses it owns and operates throughout the Florida Keys, as well as in Sarasota, Fla., Clearwater, Fla., and Las Vegas. Cay Clubs offers a complete guest experience, with more locations coming soon in Florida and the Caribbean. For more information, visit the Web site at [www.cayclubs.com](http://www.cayclubs.com).