T H E S P A A T TRANQUILTY BAY

IN-ROOM SERVICES

ELEVATED MASSAGES

duration: 50 minutes | extended: 80 minutes

BIG ISLAND MASSAGE | \$180

Bodywork that employs deep tissue techniques, mind focus, breath, and sacred alignment.

THAI MASSAGE* | \$180

Yoga meets shiatsu. The client is gently stretched and massaged in the stretches. Relaxing and energizing, this technique enhances flexibility.

SACRED STONE MASSAGE | \$200

Uses heated smooth round river stones. Stones are placed under and upon the body and are used for actual massage techniques. As heat penetrates the muscle a melting sensation engulfs the body.

BUTTERFLY MASSAGE | \$180

A beautifully choreographed massage that uses aromatherapies of jasmine, ginger, ylang ylang, or orange mixed with Swedish techniques and thumb walking to balance the body's channels of energy.

ASHIATSU* | \$180

A barefoot massage. Deep tissue work using the therapist's feet and body weight to create even pressure covering large areas of the muscle tissue. Client uses floor cushion.

LYPOSSAGE | \$250

Body contouring, lymphatic sand myofascial massage to reshape and tone problem areas and improve overall appearance.

TRADITIONAL MASSAGES

duration: 50 minutes | extended: 80 minutes

TRANQUILITY MASSAGE | \$160

Light, gentle gliding strokes relax and soothe the tired soul.

STAR MASSAGE | \$180

Feel the entire body release from receiving this focused massage on just the hands, feet and head.

PRENATAL MASSAGE | \$175

Experience lying face down with your belly suspended in cushioned comfort as gentle strokes relax your body and allow you to commune with your child.

THERAPEUTIC MASSAGE | \$180

Slow, steady medium to deep pressure helps release tension and relieve soreness.

COUPLE'S MASSAGE | VARIES

Enjoy receiving your favorite massage side-by-side. Pricing Based on Therapies chosen. 48 Hour Notice required

*not recommended for pregnant bodies

MASSAGE ENHANCEMENTS

Individually Blended Aromatherapy Oils | \$20 Tiger Balm | \$20 Aroma Scalp Treatment | \$75 Foot Mask | \$40 Cellulite Treatment | \$50 Healing with Crystals | \$30 Healing with Elements & Sound Vibration | \$30

ENERGY SESSIONS

duration: 50 minutes

REIKI | \$175

Symbols and hands-on techniques are used to focus healing energy without the manipulation of muscle tissue. Reiki attunements, trainings and retreats are also available on request.

YOGA ESSENTIALS | \$175

Private sessions for you and your partner. Work with breath and alignment, developing flexibility, strength and endurance leading to spiritual peace.

REVITALIZING RITUALS

duration: 80 minutes

FORGIVENESS CEREMONY | \$275

Volcanic clay plus massage is used to remove impurities.

WEDDING CEREMONY | \$300

A widely popular ceremony using spice, yogurt exfoliation and body polishing, followed by a massage using jasmine aromatherapy.

RELAXATION CEREMONY | \$275

A full body scrub using herb and spice mix resulting in a deep heat sensation, recommended if you desire full body relaxation. Followed by a massage using aromatherapy of ginger.

WEEKEND WARRIOR | \$275

The perfect treatment for muscle aches and bruises, a deep massage that works with energy lines and breathing.

PURIFYING TREATMENTS

duration: 50 minutes

KEY LIME SALT SCRUB | \$175

Removes dried skin and stored impurities leaving body soft and radiant.

HONEY SESAME GLOW | \$175

This highly moisturizing treatment uses honey, sesame seeds and dried herbs for the invigorating route to softer, healthier skin.

SEAWEED WRAP | \$200

Purify and mineralize devitalized skin while shedding excess tension.

SUN LOVERS TREATMENT | \$175

Too much tropical sun? Cool and refresh sunburned skin with nature's gift of fresh aloe.

THAI HERBAL WRAP | \$180

Prevent sun damage using clay, goat milk, turmeric, herbs, and sesame oil to draw out impurities, heal blemishes, cool the skin and replenish moisture.



FACIAL TREATMENTS

duration: 50 minutes

TASTE OF THE TROPICS | \$175

Essential rose oil is the base for ultimate sensitive skin treatment.

SUNSET MOMENT | \$175

Fresh citrus juices applied to resurface your face helping to reduce fine lines without harsh chemicals.

SEA BREEZE | \$175

Take a break from the everyday routine. Let us relax and refresh your face with cleansing exfoliation and massage.

LOST IN PARADISE | \$175

Slow, quiet pampering to set you free from pressure and hustle will leave you feeling that you have escaped to your own private island.

FACIAL ENHANCEMENTS

Fruit Acid Peel | \$50 Hot Stone | \$45 Aromatherapy | \$20 Special Scalp Oils to Enrich the Hair | \$75



RESERVATIONS

TO RESERVE

Please call 305-923-9019. To secure your desired appointment time, please make your reservations early. All treatments end on time so that consecutive appointments remain on schedule. Please be ready to start your treatment at the designated time. Showering before is recommended. Men should shave two hours prior to facials. Please no cell phones or TVs during treatments. A release form of liability must be signed before services will be performed. You will receive a texted confirmation with details of your treatment.

CANCELLATION POLICY

You must cancel your spa service reservation 48 hours prior to the time of your appointment. If the reservation is not cancelled by this time, you will be charged for the full amount of the service, including the service charge.

ALL SPA SERVICES ARE SUBJECT TO A 25% SERVICE CHARGE. Marian Ring LMT 305-923-9019 FL MA 26204 | BCTMB 145660-00 *Please leave a text and/or voicemail if no answer*

T H E S P A A T TRANQUILITY BAY

TRANQUILITY BAY BEACH RESORT 2600 OVERSEAS HIGHWAY MARATHON, FL 33050